

Plural Noun \_\_\_\_\_

Verb \_\_\_\_\_

Noun \_\_\_\_\_

Noun \_\_\_\_\_

Verb \_\_\_\_\_

Adjective \_\_\_\_\_

Adjective \_\_\_\_\_

Verb ending in -ing \_\_\_\_\_

Noun \_\_\_\_\_

Part(s) of the body \_\_\_\_\_

Noun \_\_\_\_\_

Noun \_\_\_\_\_

Noun \_\_\_\_\_

Adjective \_\_\_\_\_

Adjective \_\_\_\_\_

Plural  
Noun \_\_\_\_\_

Noun \_\_\_\_\_

Adjective \_\_\_\_\_

Noun \_\_\_\_\_

Verb \_\_\_\_\_

\_\_\_\_\_ : *A poem to navigate the city.*  
(give your poem a name)

Before anything, open your \_\_\_\_\_ (plural noun)  
\_\_\_\_\_ (verb) in through your nose.

Turn your \_\_\_\_\_ (noun) back and forth so you can see everything.

Kneel down and touch the \_\_\_\_\_ (noun) What does it feel like?

Take that feeling and carry it with you as you \_\_\_\_\_ (verb)

As you begin, be sure not to walk too \_\_\_\_\_. (adj)

The city has many \_\_\_\_\_ (adj) things to experience and they are all important

Spend 2 minutes \_\_\_\_\_ (verb ending in -ing) at something boring.

As you walk, try new things with your body

focus on your \_\_\_\_\_ (noun), how does it feel?

now focus on your \_\_\_\_\_, (body part(s)) are they/is it sore from the \_\_\_\_\_? (noun)

Consider other bodies.

Walk with empathy so you can feel their \_\_\_\_\_ (noun)

Carry that with you until you see a \_\_\_\_\_ (noun) to drop it off at.

Find something \_\_\_\_\_ (adj) and imagine that it's \_\_\_\_\_ (adj) instead.

Imagine this walk without \_\_\_\_\_ (plural noun)

Create a temporary sculpture with your \_\_\_\_\_ (noun) and let the city observe you.

Now walk \_\_\_\_\_ (adj)

Feel the \_\_\_\_\_ (noun) in your hair

Change your position

\_\_\_\_\_ (verb) against a wall and become one with the city.

You have arrived at your destination.